



Fibromyalgia



Chronic, Widespread Pain

Fibromyalgia is a condition with chronic muscle and joint pain, extreme fatigue, trouble with concentration and memory (mental fog), and depression that significantly affects overall quality of life. It impacts more than 4 million people in the United States and is twice as common in women as in men. Most people are diagnosed with fibromyalgia in middle age, but the risk increases with age. People with autoimmune diseases such as lupus or rheumatoid arthritis are at a higher risk of developing fibromyalgia symptoms. It does not worsen over time or cause serious complications or death, but it is a chronic and debilitating disorder. Early diagnosis and prevention are the goals for managing fibromyalgia.

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U.S. Pharmacist

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